



# PROGRESS 2011

## SKILLS IN OBSTETRICS & GYNAECOLOGY

July 29th - 31st, 2011  
Kamaraj Auditorium, Chennai

**Practical Pointers  
and  
Practice Guidelines  
in  
Obstetrics and Gynaecology**

Conference highlight  
**Management of Labour**  
Presided over by Sir Sabaratnam Arulkumaran  
(29th July 2011)

# PROGRESS Myanmar - 2011

(Practical Ob/Gyn Congress)

February 18th and 19th, 2011  
Venue: Trader's Hotel, Yangon

## PRE-CONGRESS WORKSHOP

Ultrasound in Obstetrics  
February 17th, 2011

Supported & sponsored by



PHARMACEUTICALS EXPORT PROMOTION COUNCIL  
MINISTRY OF COMMERCE & INDUSTRY, GOVT. OF INDIA



Organising Secretary: Dr. Gita Arjun, FACOG



What makes the practice of medicine so exciting is the constant challenges it throws up on a daily basis. We face dilemmas in diagnosis, conflicts in management and challenges in the skills we need to acquire.

As we continue to practice, what becomes abundantly clear is that we need to perfect our skills on a daily basis and need to revamp our proficiency on a regular basis.

Skills in obstetrics and gynaecology need constant acquisition and renewal. As new skill sets get incorporated into our practice, we need to get comfortable with the new and at the same time, relentlessly continue to hone the skills we already have.

Myanmar and India share a wonderful history together. The people of Myanmar and India have many things in common. As physicians from India, we want to strengthen our bonds. We want to share our knowledge with our colleagues in Myanmar.

**PROGRESS-MYANMAR 2011** has brought together a group of accomplished specialists in obstetrics and gynaecology to share their expertise and wisdom with us so that we can fine-tune the skills we already possess and learn new and developing techniques.

**The Pre-congress Workshop on Obstetric Ultrasound** will be held on the 17th of February, 2011. Ultrasound is an integral part of the practice of obstetrics. Expertise in ultrasound adds an immeasurable amount to the decrease in maternal and perinatal morbidity and mortality.

The PROGRESS series of conferences has, since its inception in 1993, earned loyal fans from all over India. More than 1000 delegates came to Chennai in 2009 to be a part of this interactive effort at knowledge dissemination and assimilation.

Come, join PROGRESS-Myanmar 2011 to charge your databases and recharge your passion for Obstetrics and Gynaecology!

**Organising Secretary:**

Dr Gita Arjun, FACOG

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## PRE-CONGRESS WORKSHOP

### Pre-congress Workshop Ultrasound in pregnancy

Dr S Suresh  
Dr Indrani Suresh

1.00 pm	Registration
1.15 - 1.30 pm	Welcome
1.30 - 3.00 pm	<b>LECTURES AND LIVE DEMONSTRATIONS</b> Imaging in the first, second and third trimesters Common fetal abnormalities
3.00 - 5.00 pm	Hands-on demonstration of ultrasound techniques <b>(25 people only)</b>

**SKILLS IN OBSTETRICS**

8.00 am Registration  
9.00 - 9.10 am Welcome and theme

**Skills in the labour room**

Chairperson: 1. Prof. Khin Saw Hla  
2. Prof. Khin Htar Yi

9.15 - 9.35 am Cervical ripening and induction of labour  
*Dr Arnab Basak*

9.40 - 10.00 am Episiotomy and repair: a primer  
*Dr Lakshmi Seshadri*

10.00 - 10.15 am Audience interaction

10.15 - 10.30 am COFFEE

Chairperson: 1. Prof. Than Than Tin  
2. Prof. Kyaw Nyunt

10.30 - 10.50 am Complete perineal tear and episiotomy breakdown  
*Dr Pranathi Reddy*

10.50 - 11.10 am Breech delivery: a fast disappearing art  
*Dr Lakshmi Seshadri*

11.10 - 11.25 am Audience interaction

**Caught by surprise in the labour room**

Chairperson: 1. Prof. Khin Thein Oo  
2. Prof. Win Pe

11.25 - 11.45 am Postpartum hemorrhage: a stepwise approach  
*Dr Gita Arjun*

11.50 am - 12.10 pm Shoulder dystocia: fire drill  
*Dr Muralidhar Pai*

12.10 - 12.25 pm Audience interaction

12.25 - 1.25 pm LUNCH

Chairperson: 1. Prof. Khin Mi Mi Lwin  
2. Prof. Thein Myint Thu

1.25 - 1.55 pm **Keynote address:** Hypertension in pregnancy  
*Dr Nozer Sheriar*

**Procedures in obstetrics**

2.00 - 2.20 pm Delivering twins: perils and pitfalls  
*Dr Muralidhar Pai*

2.25 - 2.45 pm Forceps delivery and vacuum assisted birth:  
making the right choice  
*Dr Nozer Sheriar*

2.50 - 3.10 pm Cesarean section: what does the evidence show?  
*Dr Gita Arjun*

3.10 - 3.25 pm Audience interaction

**Recurrent pregnancy loss**

Chairperson: 1. Prof. Than Win/Prof. Daw Mya Thida  
2. Prof. Yin Yin Zaw

3.25 - 3.45 pm Investigating and managing recurrent pregnancy loss  
*Dr Arnab Basak*

3.50 - 4.10 pm Surgically correctable causes of recurrent  
pregnancy loss  
*Dr Gita Arjun*

4.10 - 4.25 pm Audience interaction

4.25 - 4.55 pm **Keynote address:** Diabetes in pregnancy  
*Dr M S Seshadri*

5.00 pm TEA

## SKILLS IN GYNAECOLOGY

## Pelvic surgery

	Chairperson: 1. Prof. Khin Lay Kywe 2. Prof. Yin Yin Soe
9.00 - 9.25 am	Vaginal hysterectomy and laparoscopic assisted vaginal hysterectomy <i>Dr P G Paul</i>
9.30 - 9.55 am	Abdominal hysterectomy: step by step <i>Dr Gita Arjun</i>
10.00 - 10.20 am	Myomectomy: routes of approach <i>Dr P G Paul</i>
10.20 - 10.35 am	Audience interaction
10.35 - 11.00 am	COFFEE
	Chairperson: 1. Prof. Saw Lwin 2. Prof. Khin Mon
11.00 - 11.25 am	Practice guidelines: evidence based approach to abdominal incisions <i>Dr Arjun Rajagopalan</i>
11.30 - 11.55 am	Surgery for stress incontinence: which is the best option? <i>Dr Pranathi Reddy</i>
12.00 - 12.15 pm	Audience interaction
12.15 - 1.00 pm	LUNCH

## Gynaec oncology

	Chairperson: 1. Prof. Khin Myint Myint Than 2. Prof. Win Win Mya 3. Prof. Khin Mg Nyunt
1.00 - 1.20 pm	Surgical approach to cervical cancer <i>Dr Ava Desai</i>
1.25 - 1.45 pm	Surgical approach to ovarian malignancy <i>Dr Lakshmi Seshadri</i>
1.50 - 2.10 pm	Surgical management of endometrial cancer <i>Dr Ava Desai</i>
2.10 - 2.25 pm	Audience interaction

## Infertility

	Chairperson: 1. Prof. Myint Mg Mg 2. Prof. Aye Aye
2.25 - 3.00 pm	PCOS: overdiagnosed and overtreated? <i>Dr M S Seshadri</i>
3.05 - 3.30 pm	Endometriosis: management options <i>Dr Pranathi Reddy</i>
3.30 - 3.55 pm	<b>Keynote address:</b> Laparoscopy and hysteroscopy in infertility
3.55 - 4.10 pm	Audience interaction
4.10 - 4.30 pm	<b>Valedictory function</b>
4.30 pm	TEA

## Conference Faculty

**Organising secretary:** Dr Gita Arjun

**Co-ordinator:** Dr Arjun Rajagopalan

**Faculty**

Dr Arnab Basak, Kolkata

Dr Ava Desai, Ahmedabad

Dr Indrani Suresh, Chennai

Dr Lakshmi Seshadri, Vellore

Dr Muralidhar Pai, Manipal

Dr Nozer Sheriar, Mumbai

Dr P G Paul, Kochi

Dr Pranathi Reddy, Hyderabad

Dr M S Seshadri, Vellore

Dr S Suresh, Chennai

## Chairpersons

Prof. Aye Aye

Prof. Khin Htar Yi

Prof. Khin Lay Kywe

Prof. Khin Mg Nyunt

Prof. Khin Mi Mi Lwin

Prof. Khin Mon

Prof. Khin Myint Myint Than

Prof. Khin Saw Hla

Prof. Khin Thein Oo

Prof. Kyaw Nyunt

Prof. Mya Thida

Prof. Myint Mg Mg

Prof. Saw Lwin

Prof. Than Than Tin

Prof. Than Win

Prof. Thein Myint Thu

Prof. Win Pe

Senior Consultant Win Sein

Prof. Win Win Mya

Prof. Yin Yin Soe

Prof. Yin Yin Zaw

**(In alphabetical order)**